

I came to the EquiCenter searching. Maybe a place to belong, a purpose, a way to feel something, a safe place. I came to this place at the lowest point in my life. I was unable to work, I was failing school, all my relationships were on the edge and my overall health and quality of life were almost gone. I even tried to end it all. But horses freed me!

Working side-by-side with the mustangs really gave me that adrenaline fix that as a war veteran I tried to fill with so many other things. I noticed the more I came and worked with the horses the more it started to transfer to home. In the pen with a horse, you have to learn to be in the moment. Breathe and relax. If you are tense your horse will feel it. Same at home! I can walk into a high-tension situation at home now, and just breathe.

Horses and the whole community at EquiCenter helped me and my family find our passion. We recently adopted our first of many mustangs, NorthStar, and I now work part-time here at EquiCenter. School is much easier. I got married, my health is good and my quality of life is at its best. Thank you to all the horses and thank you to the amazing EquiCenter family.

Phil Wytrwa - Afghanistan War Veteran, Mission Mustang Participant, EquiCenter Equine Care Specialist

Through the therapeutic power of horses and nature, our community is able to grow and heal. With your help, we will continue to change lives.

Thank you for supporting our mission.

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