



Collard Green Wraps

Ingredients:

Collard Greens

Your Favorite Wrap Fillings

Suggested Fillings

- Hummus & Veggies
- Chickpea or Chicken Salad
- Rice & Beans

Instructions:

1. Select large, flat collard green leaves. Wash & pat dry.
2. Remove central, fibrous stem to help leaf lay flat.
3. Steam 30 seconds. Let cool.
4. Lay out steamed leaf with interior cut ends overlapping to form a full sheet with no holes.
5. Add desired filling to the center of the collard leaf.
6. Fold in left and right sides.
7. Roll tightly from bottom to top like a burrito.

